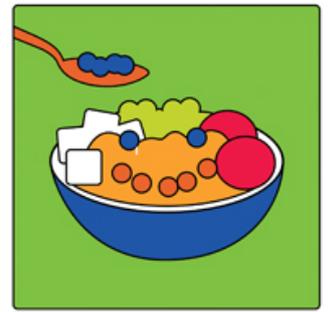


# Food, Farming and Forests Youth Climate Summit 2020 - Secondary Schools Theme Focus Session



This session has four videos each followed by five minutes for the class to discuss the topic. Classes participating will be able to submit their answers to some of the questions below on Slido so their responses can be shown alongside the answers of other students around the UK.

## Habitats and Food Production - Animal Aid

### Useful resources

- Animal Aid Secondary Education resources
- Grow Wild - An Urban Science learning module
- Meat Free Mondays - tips for doing it at your school
- Amazon resources and 5 actions to help - WWF
- 7 Reasons Meat is Bad for the Environment - article
- There's a Monster in my Cupboard - 2 min film

### Discussion questions:

Is a vegan diet the best option for humans and/or the environment?

What does the rainforest mean to you in one word?

## Connecting with our Food - Sustainable Food Stories

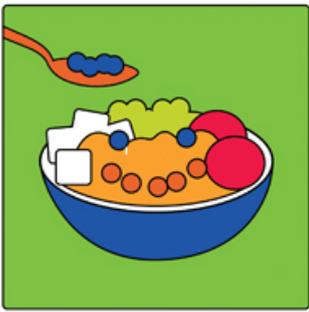
### Useful resources

- Can Healthy Food Save the Planet - 2 min film
- How to Transform Our Food System - booklet & poster
- Eat Farm Now, Farm diaries - lots of short films
- Childrens Right2Food Campaign and Young Food Ambassadors - podcasts and videos
- Sustain's campaigns and projects - web pages

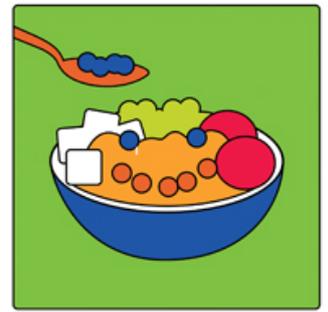
### Discussion Question:

What might be some of the main barriers to changing food and farming practices to be more environmentally sustainable in the UK and other countries?  
Do some changes have both positive and negative outcomes?

Do you think individuals can help make food and farming more sustainable?



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## Food Waste: causes and impacts - Feedback Global

### Useful resources

- Why is good food wasted on farms - 2 min film
- The Gleaners Network - project website
- WWF Food Waste Warrior tool kit - plans and resources
- Menu of Food Waste Actions - pdf
- Reduced Food Waste - Project Drawdown solution
- Making Compost in Schools - Garden Organic guide

### Discussion Question:

Do you think food waste is worse for the environment or for people?

Can you say why?

Give 3 words to sum up why food waste is bad.

## Consumer Choices - How Bad Are Bananas?

### Useful resources

- WWF Carbon Footprint Calculator
- Impacts of Food Production - Our World in Data
- A Menu for Change - Behavioural Insights Team article
- 16 cheap and easy climate friendly recipes
- The Darwin Challenge - app for logging meat free days and seeing the benefits quantified

### Discussion questions:

Does data make you think differently about your own consumer choices?

Do you think numbers and figures are an effective way to convince people to make more sustainable choices?

Share any questions, answers, ideas or personal pledges you have with #YouthClimateSummit2020