**Plastic Waste Survey**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Item | Quantity ( e.g. llll ) | | | | | | | Total |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Plastic Bottles |  |  |  |  |  |  |  |  |
| Plastic food packaging e.g. yoghurt pot |  |  |  |  |  |  |  |  |
| Plastic cups |  |  |  |  |  |  |  |  |
| Plastic wrap e.g. cling film |  |  |  |  |  |  |  |  |
| Other plastic |  |  |  |  |  |  |  |  |

Count the amount of plastic waste you produce over a week – you could do this at home or at school. This will help you to identify where most of your plastic waste is coming from. Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total:

You could try making some swaps such as buying things in glass bottles and jars or bulk buying yoghurts to reduce the amount of plastic packaging and then repeat the plastic survey to find out how much you have reduced your plastic waste. Remember every little bit helps! Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |  |  |  |
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Total: