



SAFE CLASSROOMS BRAVE CONVERSATIONS

ONLINE CPD

How to create safe spaces for brave conversations

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1 ½ hours | online training

Facilitated by a former teacher with over 15yrs+ experience in the classroom, this CPD will guide you through a range of practical ideas to support you in talking and teaching about some of the biggest social and environmental issues of our time.

Teaching must adapt to be relevant to this moment

As we prepare for a very different future, education is changing and as educators we need to find innovative ways to help students embrace the challenges of our time with optimism and resilience.

The influence that educators have on helping to shape the future of young people is often profound, and the social and emotional wellbeing of teachers is foundational to the difference they make. Whilst some of the issues we're facing may seem complex and overwhelming, it is more important than ever that we talk with young people about them and create the safe and supportive spaces to do so.

ThoughtBox CPD Programmes invite you to learn the methods and develop the mindsets needed to become more resilient, adaptable and innovative as we prepare for a new future of learning and reimagine education together. And it begins with our conversations in the classrooms.

COURSE OUTCOMES:

In this training, you will learn how to:

- Talk about big and tricky issues with young people
- Create the spaces, skills and opportunities to talk about and teach about big issues such as the climate crisis or social justice
- Develop facilitation tools as a method of discussing the emotions of social and environmental issues
- Develop frameworks to build emotional resilience and skills for adaptability
- Help yourself and young people move from anxiety to a space of empowerment

We will explore the importance of creating safe spaces and brave spaces to support young people's thoughts, feelings and questions about some of the big issues happening in the world right now.

We will support you and your role as an educator by sharing strategies, approaches and resources to help schools feel supported and empowered when facing up to the social and environmental crisis around us, offering additional learning resources to support these conversations across the school.